

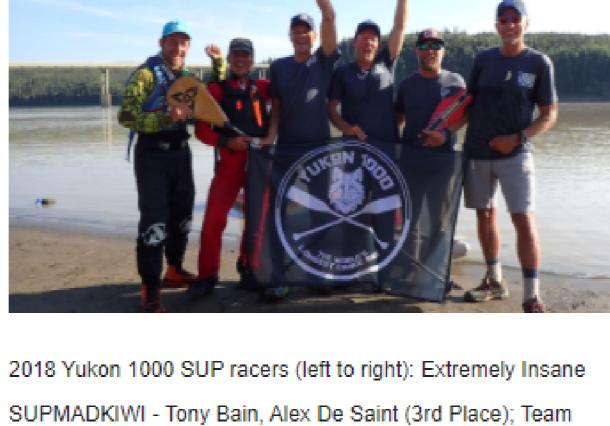
Trip Spotlight Ocklawaha Odyssey

September 2018 ~ Volume 112



hear from Jim Gross from Florida Defenders of the Environment, Lisa Rinaman from the St. John's Riverkeeper and Paddle Florida favorite, Whitey Markle on our last night at Orange Springs. Beginning at Silver Springs State Park, this will be our third annual trip on the Silver and Ocklawaha rivers.

Baste conquers the mighty Yukon



Starboard - Ike Frans, Bart de Zwart (1st Place); Cocoplum Navy -Chip Walter, Scott Baste (2nd Place) Local Keys stand up paddler and owner of PADDLE! The Florida

Keys, Scott Baste, recently participated in the longest canoe race in

the world. 3 paddleboard teams were selected along with 12

canoe/kayak teams. Teamed up with Baste was Chip Walter from

Miami. Stand up paddlers were required to go in pairs for safety.

There were more people turned down for the race (17 teams didn't

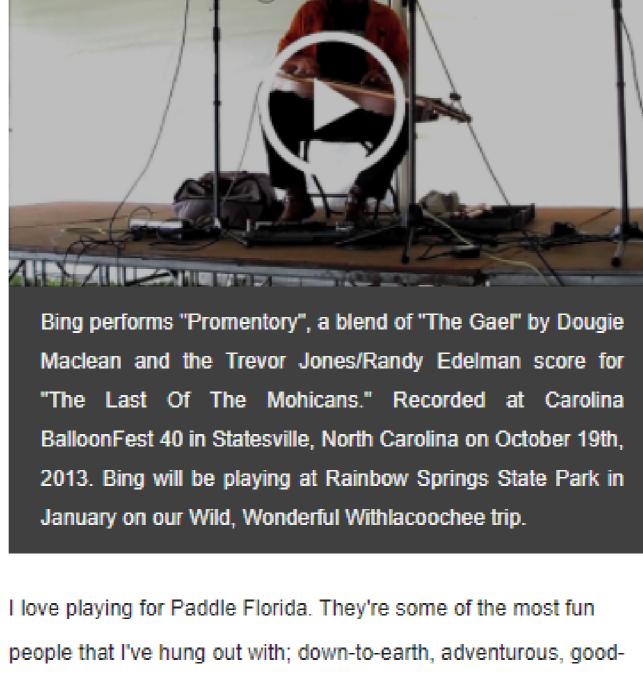
make the cut) than the number of those accepted. The race is 1000

miles in one of the most remote places on the planet being 3-4 days

from possible rescue and no outside communications were permitted unless a dire emergency/rescue was needed. The race started in Whitehorse Canada and wound its way into Alaska finally finishing near Fairbanks. The team faced numerous challenges including strong currents, heat (up to 80 most days), smoke from forest fires which forced them to use their buffs to breathe through, dust storms, headwinds, frigid waters, getting lost, sunburn, barge traffic, and of course there was always the possibility of being attacked by a grizzly bear or moose. [Read more...]

Bing Futch, Orlando, FL

Focus on Favorite Florida Musicians



Some shows, you may wander in feeling a bit of an outsider and you manner yourself accordingly, but when I'm with the PF group, I'm with family and like-minded friends, and my performances with them reflect that. They are always special and usually just a little bit magical.

hearted folks. It takes great effort to pack up your gear and head into

waterways. Some are involved in preservation and some in history,

the outdoors and all of these folks have deep passion for these

so they are not only itinerant explorers but also people who

understand the delicate balance that is the natural.

Addresses by Dinah Voyles Pulver and Jacqui Thurlow-Lippisch

2018 Florida Springs Restoration Summit to

Feature Springs Regional Panels and Keynote

Wildlife Foundation of Florida and Jelks Family Foundation, is hosting the Florida Springs Restoration Summit from November 1st – 4th at the College of Central Florida to report on the status of springs health in Florida and to develop a roadmap for springs restoration and protection.

The Summit will consist of a series of panel discussions arranged

into seven major springs regions. Panelists will address the current

knowledge about springs science and management, as well as the

The Florida Springs Council (FSC), with support from the Fish and

RESTORATION SUMMIT

tools and activities needed for meaningful springs restoration and long-term protection. Conservationist Jacqui Thurlow-Lippisch and environmental journalist Dinah Voyles Pulver will provide keynote addresses on Friday and Saturday. "The Florida Springs Restoration Summit is the only conference in the state that focuses on identifying the next steps needed to protect our springs," says FSC President Dan Hilliard. "Anyone who has an

interest in the future of our springs should make attending this

Can't make Paddle Florida's Ocklawaha Odyssey trip?

from November 1-4.

Consider attending the Florida Springs Restoration Summit

By Henry Dorfman, Cincy Paddlers

along with the right equipment.

Paddling Whitewater

conference a priority." [Learn more...]



To have the most fun and success running a rapid, you must be able to pick a line that makes the flow work for you and avoids the hazards, like boat-munching holes. When you learn to do this, you can also recognize the fun play spots, like surfable waves. The river helps you out by providing the cues but you have to learn to read them.

Moving water boat control is required to hit the right line and that's a

to have a flat out blast. There are many class II and III rivers that

provide great fun without the dangers of the more extreme venues.

All that is required is basic skills in river reading and boat control,

more than pointing in the right direction. Sweeps, draws, ferries and other maneuvers enable you to make the lateral and other moves that put you in the right place, while edge control and braces keep you upright. If you do flip, you roll back up to a safe position. Rolling may look daunting but it's quite easy from a physical standpoint. If you can roll out of bed, you can roll a boat. Control of the boat is mostly achieved with the lower body contact, making it an extension of you and a tool (like a fish's fin) to decide what happens. When you just sit in a boat, you surrender that decision to the river, which doesn't always have your welfare in mind. All of this may appear complex but, with a little training and practice, it becomes automatic. You'll also want to learn the proper whitewater swim position, should worse come to worse. There are a number of competent outfitters and others who offer lessons, some on rivers that are a lot of fun. Don't worry about if you'll flip over or not. You will. It's part of the learning process for everyone and it reduces your fear of doing so. [Read more...]

Alligator snapping turtle, Macrochelys temminckii

Florida Flora & Fauna Spotlight



The alligator snapping turtle is the largest freshwater turtle in North America. Male alligator snapping turtles can reach lengths of 29

inches (73.7 centimeters) and 249 pounds (112.9 kilograms), while females can reach lengths of 22 inches (55.9 centimeters) and 62 pounds (28.1 kilograms) (Ewert et al. 2006, Pritchard 2006). The inner mouth lining is gray/brown with black splotches, which is different from most turtles; others have a pink lining (Ewert et al. 2006). This species also has a tremendously long tail; large, triangle-shaped head; curved beak; and a rough brown shell with three spines that run vertically up the shell (Florida Natural Areas Inventory 2001). [Read more...] Facebook Twitter Website



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Suwannee River Wilderness Trail

October 19-24, 2018 Celebrate Florida's version of autumn on its most famous

river. The trip spans 65 miles of the scenic Suwannee and a portion of the (northern) Withlacoochee, from Madison Blue Spring to Branford. This section features dozens of clear blue springs perfect for swimming and snorkeling. Register by: October 5 Flagler Coastal Wildlife Experience November 1-4, 2018

rescued sea turtles, and float by historic forts as you immerse yourself in the rich cultural history and natural beauty of Florida's northeast coast. Register by: October 18 Ocklawaha Odyssey

Paddle with dolphins, meet

Float over Florida's most famed first magnitude spring and see monkeys dangling

from cypress branches, a rich

exploring an Old Florida land-

and waterscape on this 48-

mile paddle down the Silver

Register by: November 16

diversity of birds, while

and Ocklawaha Rivers.

Nov 30-Dec 4, 2018

Wild, Wonderful Withlacoochee January 17-22, 2019 Beginning at Lake Panasoffkee, paddlers will thread their way through hardwood swamps and tannic streams on a 60-mile journey to the Gulf of Mexico. The adventure includes a side trip to the colorful Rainbow River and its world class first magnitude spring. Register by: January 4 Florida Keys Challenge

beside your kayak, and enjoy a snorkeling trip out to Looe Key. Register by: January 26 Flori-Bama Expedition on

Paddling the Florida/Alabama

border, enjoy beach camping

along a cozy meandering river

to the more open waters of

the Perdido River

March 10-15, 2019

February 9-15, 2019

Paddle the azure coastal

the famed 7-Mile Bridge,

explore mangrove tunnels,

and watch sea turtle surface

waters of the Middle Florida

Keys, including the length of

Perdido Bay as we explore the most diverse set of ecosystems of the season. Register by: February 24 Suwannee River Paddling <u>Festival</u> April 5-7, 2019 With camping atop the bluff overlooking two beautiful rivers, our season-capping festival takes place at Suwannee River State Park

near Live Oak. The weekend

will offer supported 8-12 mile

paddling options on both the

Rivers, a concert featuring

musicians, and educational

presentations from regional

Paddle Florida's favorite

waterway experts.

Register by: March 22

Suwannee and Withlacoochee

2018 Hidden Coast Paddling Adventure October 3rd - 7th in Cedar Key

Online registration is now

Hidden Coast Paddling

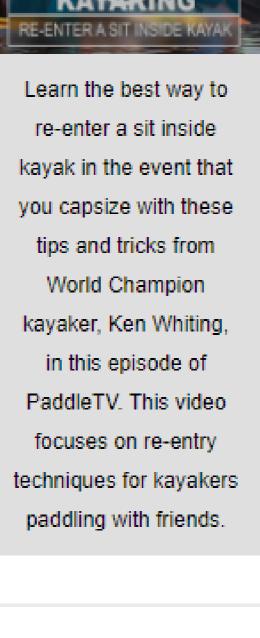
Key on October 3rd - 7th.

open for the 9th Annual 2018

Adventure in beautiful Cedar

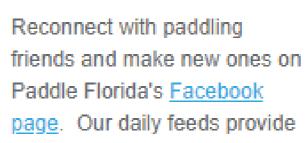
Please visit the HCPA website for details and registration: https://www.hidde ncoastpaddlingadventure.com/

How To: Re-enter a sit inside kayak for beginners



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updates on the news impacting Florida's waterways and wildlife as well as our upcoming trips. Send us your favorite photo depicting paddling in Florida and it might be selected as our 'Picture of the Day!' Support Paddle

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preservation, springs

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restoration, and waterways protection across Florida. You can help us meet our water conservation missions by (1) joining us on one or more paddling adventures scheduled annually on Florida's wild and scenic rivers and coastlines, or (2) donating to Paddle Florida via our secure PayPal connection or through AmazonSmile. If you're an Amazon shopper, you can sign up for AmazonSmile at this link and confirm your desire to support

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