PADDLER

paddle

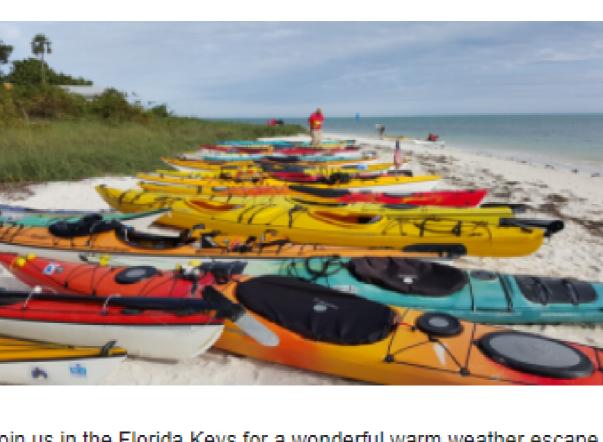
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January 2019 ~ Volume 116

Challenge - February 9-15, 2019 Don't forget to register by January 26th!



Join us in the Florida Keys for a wonderful warm weather escape. Spend a week paddling through turquoise waters and visiting white sand beaches. Come and enjoy paddling, snorkeling, campfires, camaraderie and sunsets. Staying at state parks for four nights and Camp Wesumkee for 2 nights. We will paddle 51 miles, including the length of the Seven-Mile Bridge. This year's trip includes a snorkel trip to Looe Key, a presentation by the Turtle Hospital in Marathon, a presentation on the history of Flagler's Railroad, and an evening session of ACA/USCG kayak 'conditions' training. Our final night's entertainment will be provided by Grant Peeples (on Valentine's Day!) Click here to register.

The Williamsons of Gatorbone

Violin.

a little more about us.....

Focus on Florida Musicians



Lon and I always look forward to our engagements with the paddlers and meeting folks who find inspiration in Florida's natural beauty as we do. Happy paddling and we'll hope to see you again soon! Here's

Lon and Lis Williamson have been musical partners and

Lon Williamson-Bass, Gabe Valla-Guitar, Jason Thomas-

sweethearts for over 40 years, are well known around the Sunshine State and the Southeast for their artistry, blending eloquent harmonies with accomplished musicianship and award-winning songwriting. Their instrumentation includes upright bass, guitar, tenor guitar and banjo. Add to that their dynamic repertoire of awardwinning originals, old-time, jazz, swing, and bluegrass tunes and you'll have a show that you're not likely to soon forget. Lon and Lis are also members of The Driftwoods out of St. Augustine, as well as The Gatorbone Band with Gabe Valla and Jason Thomas, The Gatorbone Trio with Gabe Valla and The Starlight Trio with Rick Kuncicky.

build mandolins and make ribbon flowers, greeting cards and prints.

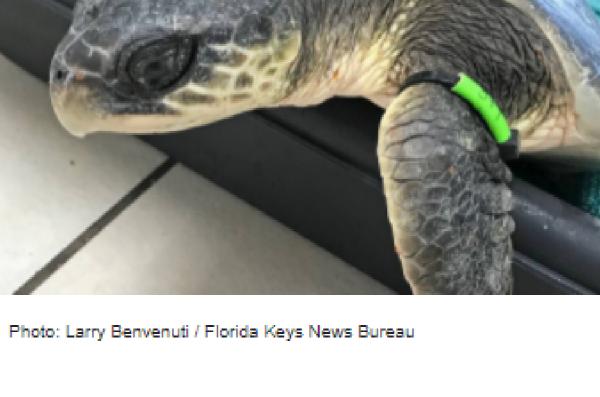
'Cold-stunned' New England Sea Turtles

Are Thawing Out in the Keys

When not on the road, the Williamsons spend time at their home in

the Florida sandhills, where they write and record their own music,

By David Goodhue, Miami Herald



The Keys and South Florida may feel a little cool to the people used

to living here, but they're still warm enough to thaw out more than 30 critically endangered Kemp's ridley sea turtles found in the frigid New England ocean waters off Cape Cod recently. The 32 reptiles were flown by private plane to the Marathon

International Airport by all-volunteer general aviation pilots from a group called Turtles Fly Too. [Read more...]

By Cliff Jacobson, Paddling.com

How to Paddle Into Old Age



A not-so-funny thing happened this year. I turned 77. That's

seventy-seven! Which is really old! Well, maybe not. The positives are: I feel great; my canoeing and camping skills have not deteriorated; my judgment (regarding river/wilderness dangers) may be sharper, and I continue to paddle and camp at every opportunity. Admittedly, there are a few downsides to being a "senior citizen": my balance (which never was very good) has become "less good". Nonetheless, I can still paddle my Bell Yellowstone solo canoe for short distances from the standing position. And my whitewater skills are as sharp as ever. But carrying heavy stuff on big, bad portages is another matter. When I was 60 I could single-handedly shoulder my 75 pound Royalex, Dagger Venture canoe--from my off-side! No longer. But I can do it alone from my "on-side" if you bet me enough money!

The point is that getting old doesn't have to shut down your trips into the wild outdoors. I've learned that even the most rugged trips are possible at my age if I just slow down a bit (heck, I never was very fast!) and take it easy. [Read more...]

Déjà vu all over again: Why Florida's waters are fouled year after year By Holly Parker, Surfrider Foundation



Photo: Jacqui Thurlow Lippisch

Florida's southwest coast is grappling with the largest, longest red tide in more than a decade. Dead fish, sea turtles and manatees are littering the sugar sand beaches of Lee and Collier counties. Last weekend nearly 4,000 dead fish were counted on Sanibel beaches. Florida's southeast coast is similarly struggling with massive bluegreen algae blooms. A recent news report stated that at least 15 people were treated at emergency rooms in St. Lucie County after making contact with the algal blooms.

I hesitated to write this blog post, because what I really wanted to do was copy and paste the post I wrote on algal blooms in Florida two years ago. That post explained the hydrology of Florida's famed River of Grass, how we carved up the wetlands in South Florida for flood control and development, and why the St. Lucie and Caloosahatchee estuaries were being decimated by nutrient pollution. The summer of 2016, we dubbed Martin, St. Lucie and Palm Beach counties the "guacamole coast." Countless manatees, dolphins, fish, and birds washed up dead on our beaches. Coastal businesses closed, homes were shuttered, people were sickened, and we were outraged. [Read more...]

Florida Flora & Fauna Spotlight Scallops Absorb Billions of Microplastics in Just 6 Hours By Olivia Rosane, Ecowatch



One of the biggest concerns surrounding

might move up the food web from smaller to larger marine life, eventually ending up in our stomachs. Now, a first-of-its-kind study has shown just how quickly the tiny

the proliferation of microplastics in the world's oceans is how they

particles can accumulate in the bodies of shellfish under current levels of marine plastic pollution. The answer? Billions in just six hours. [Read more...]



Wild, Wonderful Withlacoochee

January 17-22, 2019 Beginning at Lake Panasoffkee, paddlers will thread their way through hardwood swamps and tannic streams on a 60-mile journey to the Gulf of Mexico. The adventure includes a side trip to the colorful Rainbow River and its world class first magnitude spring. Register by: January 4 Florida Keys Challenge February 9-15, 2019 Paddle the azure coastal

the famed 7-Mile Bridge, explore mangrove tunnels, and watch sea turtle surface beside your kayak, and enjoy a snorkeling trip out to Looe Key. Register by: January 26 Flori-Bama Expedition on the Perdido River March 10-15, 2019 Paddling the Florida/Alabama

waters of the Middle Florida

Keys, including the length of

border, enjoy beach camping along a cozy meandering river to the more open waters of Perdido Bay as we explore the most diverse set of ecosystems of the season. Register by: February 24 Suwannee River Paddling <u>Festival</u> April 5-7, 2019

With camping atop the bluff overlooking two beautiful rivers, our season-capping festival takes place at

Suwannee River State Park near Live Oak. The weekend will offer supported 8-12 mile paddling options on both the Suwannee and Withlacoochee Rivers, a concert featuring Paddle Florida's favorite musicians, and educational presentations from regional waterway experts. Register by: March 22 We are currently entertaining proposals and ideas about

How To: 7 Most Important Skills for Sea Kayakers

where to host paddling events

next season. Contact us with

your suggestions!

Click here to learn

about the key skills

to stay safe and have fulfilling kayaking adventures.

Qajaqers of the South (TRAQS) Festival Lake Placid, FL: March

Traditional

21-24, 2019 We are very excited to

announce the fourth annual

Traditional Qajagers of the South (TRAQS) festival. Our event will be held from March 21-24 at the Lake Placid Camp and Conference Center on beautiful Lake Placid in Central Florida. This will be an immersive Greenland kayaking weekend that includes paddling and rolling skills, presentations, morning yoga, kayak games and exposure to Inuit culture. We will be joined by several prominent instructor/mentors including internationally known mentors Cheri Perry, Alison Sigethy and Greg Stamer. Our special guest this year will be Mia Kanstad Kulseng from Norway. We will also include a full day Greenland paddle making class led by Benjamin Fontenot. All event information, fees and

join us.

Like Us on Facebook

26,500 fans and counting!

registration are available on

our website. Hope you can



Paddle Florida's Facebook page. Our daily feeds provide updates on the news impacting Florida's waterways and wildlife as well as our upcoming trips. Send us your favorite photo depicting paddling in Florida and it might be selected as our 'Picture of the Day!'

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As a 501(c)(3) non-profit

organization, Paddle Florida is

dedicated to promoting water conservation, wildlife preservation, springs restoration, and waterways protection across Florida. You can help us meet our water conservation missions by (1) joining us on one or more paddling adventures scheduled annually on Florida's wild and scenic rivers and coastlines, or (2) donating to Paddle Florida via our secure PayPal connection or through AmazonSmile. If you're an Amazon shopper,

AmazonSmile at this link and confirm your desire to support us. Amazon will then donate 0.5% of the price of eligible purchases to Paddle

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